

**Y12 Student Self-Reflection Exercise (an Aide Memoir for your 1:1 meeting )**

This exercise is to help you prepare for your 1-1 meeting. It would be helpful if you reflect honestly on each question and have it to hand for your meeting. All meetings will take place between Wed 24 and Fri 26 June at a time indicated by your parent/carer via a separate parental survey. Your parent/carer will also have indicated whether your meeting will be face to face in school, a phone call or via video conference platform.

Your meeting will be either with your Form Tutor or with a member of the Sixth Form Team (RSH or GHU). The conversation will focus on how the coronavirus and school closure has affected your well-being, and any concerns that you may have. We have a range of support networks so if you do not want to speak to someone at school, we can arrange an alternative.

The conversation will focus on how you are, the work that you have been doing during the closure so far, your engagement with the UCAS/Apprenticeship application process and how you can do your best over the rest of this half term in preparation for September.

It is important that you answer the following questions honestly.

To begin, please write your name and form:

1. We know that the last 12 weeks have been a very ‘different’ experience for most of us. How difficult have you found the recent school closure? Circle the one that applies to you.

|  |  |  |  |
| --- | --- | --- | --- |
| Not at all  | A few difficult days  | Quite a lot of difficult days  | Very difficult most of the time  |

1. Are there things you would like to discuss with someone? If ‘yes’ circle those issues relevant to you. We can then direct you to the most appropriate person in our pastoral team.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Family issues | Friendship issues | Bereavement / Loss | School work | Worry about the virus | Other |

1. How often have you worried about your schoolwork? Circle the one that applies to you.

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| --- | --- | --- | --- |
| Not at all | A little | Quite a lot | All the time |

1. How much work have you submitted? Circle the one that applies to you.

|  |  |  |  |
| --- | --- | --- | --- |
| No work | Less than expected  | Expected amount  | More than expected |

1. Think about the quality of the work that you have submitted. Circle the one that applies to your work.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| No work done  | Below standard  | Acceptable standard  | All done to the best of my ability | Depends on the subject |

1. How easy has it been to access the work?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Unable to access at all  | Difficulties with devices and / or internet | Varied between subjects | Straightforward for most subjects | No issues at all | I received paper copies of work | Other (Please state e.g child care/ carers role) |

1. Did you ask for help from any member of staff? If yes, who was the contact with and did you find the encounter helpful?

|  |  |
| --- | --- |
| If yes, please give details  | If no, please say why not |

1. What was the hardest thing you did during this closure, and how did you overcome it?

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1. What are you most proud of accomplishing this year?

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| --- |
|  |

1. To help us with future planning, what types / aspects of work did you enjoy?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Research work | Project work | Revision questions/using Exam Questions  | Powerpoint presentations | Microsoft teams | Other (Please state) |

1. Which (if any) of the following issues affected you?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Sharing laptop or PC  | Internet issues | Difficulties with email passwords etc | Difficulties with Microsoft Teams | Understanding the actual work set | None |

1. Is there anything else that you would like us to know or anything you would like us to help you with which we have not addressed in the above questions?

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1. Have you registered with STARTprofile.com: Yes No
2. Have you completed the 4 **LAMA** tasks and sent the work to your Form Tutor; please circle Yes or No

If applying for university:

|  |  |  |  |
| --- | --- | --- | --- |
| Task 1: | Researching courses and university | Yes  | No |
| Task 2 | Completing a reference questionnaire: | Yes  | No |
| Task 3 | Starting on your Personal Statement | Yes  | No |
| Task 4 | Registering with UCAS | Yes  | No |

If applying for an apprenticeship:

|  |  |  |  |
| --- | --- | --- | --- |
| Task 1: | Researching apprenticeships | Yes  | No |
| Task 2 | Completing a reference questionnaire: | Yes | No |
| Task 3 | Starting on your Personal Statement | Yes | No |
| Task 4 | Registering with UCAS | Yes  | No |

1. Have you been working more than your original hours in paid work: (please circle) Yes or No

If yes, how many hours did you work a week?

Has this had an impact on the work done for school? Yes No

Have you plans to continue working extra hours? Yes No

1. Are there any positives that have come about because of this closure? For example…have you discovered a new learning style? Have you enjoyed the independent learning?

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| --- |
|  |

**Thank you for completing this survey and we appreciate your honesty! We look forward to our 1:1 meeting.**